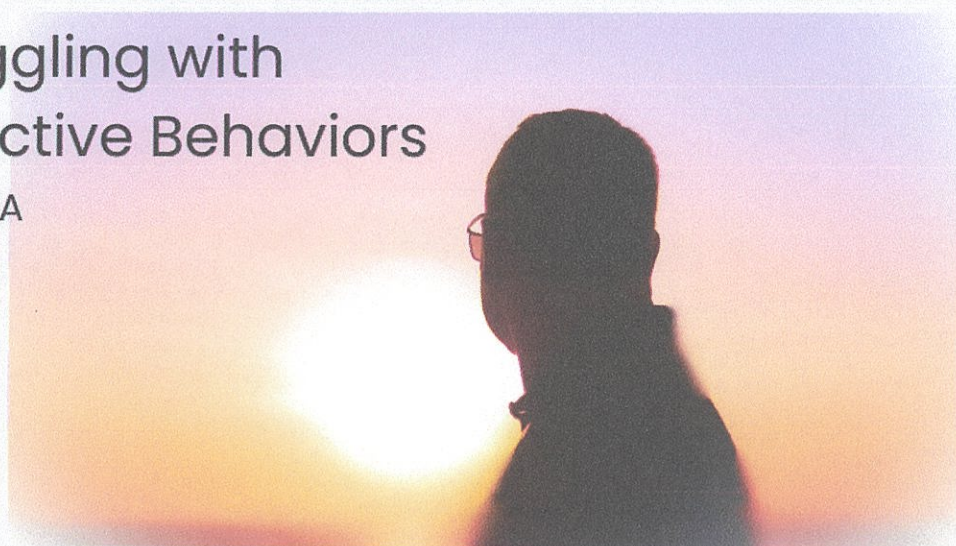




SEX ADDICTION THERAPY GROUP

For Men Struggling with
Sexually Addictive Behaviors

Led by Ben Otwell, MA



DETAILS

Schedule: Wednesdays
from 7:00–8:30 pm, EST



Modality: Virtual

Cost: \$265/month

GROUP PROCESS

Curriculum

Group members will view
“Braving Humanity” video series
to facilitate discussions related
to sex addiction recovery and
overall mental health

Objectives

Develop coping skills, increase
awareness of process
addictions, foster authentic
connection with fellow group
members, and understand the
role of masculinity in modern sex
addiction



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